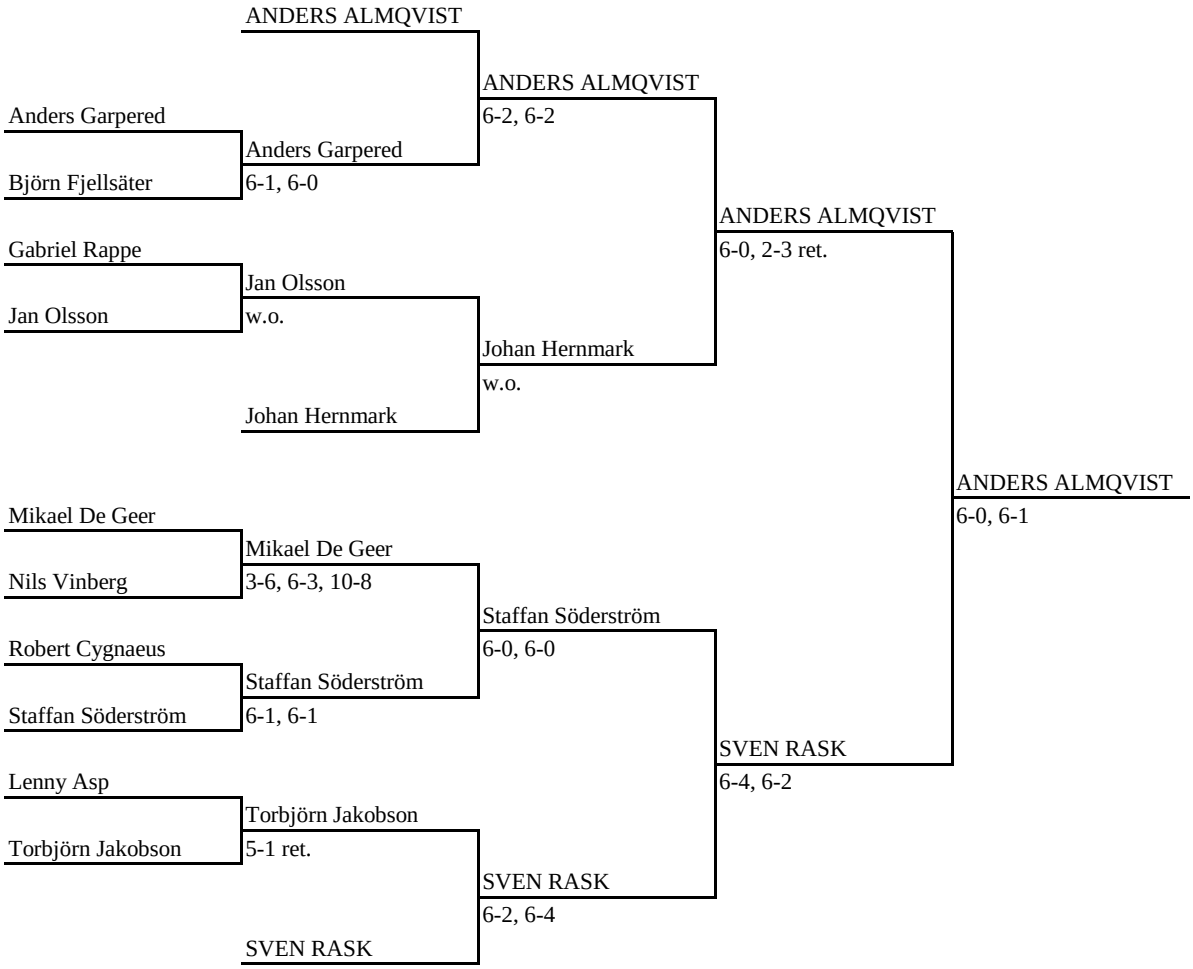Herrsingel 55+