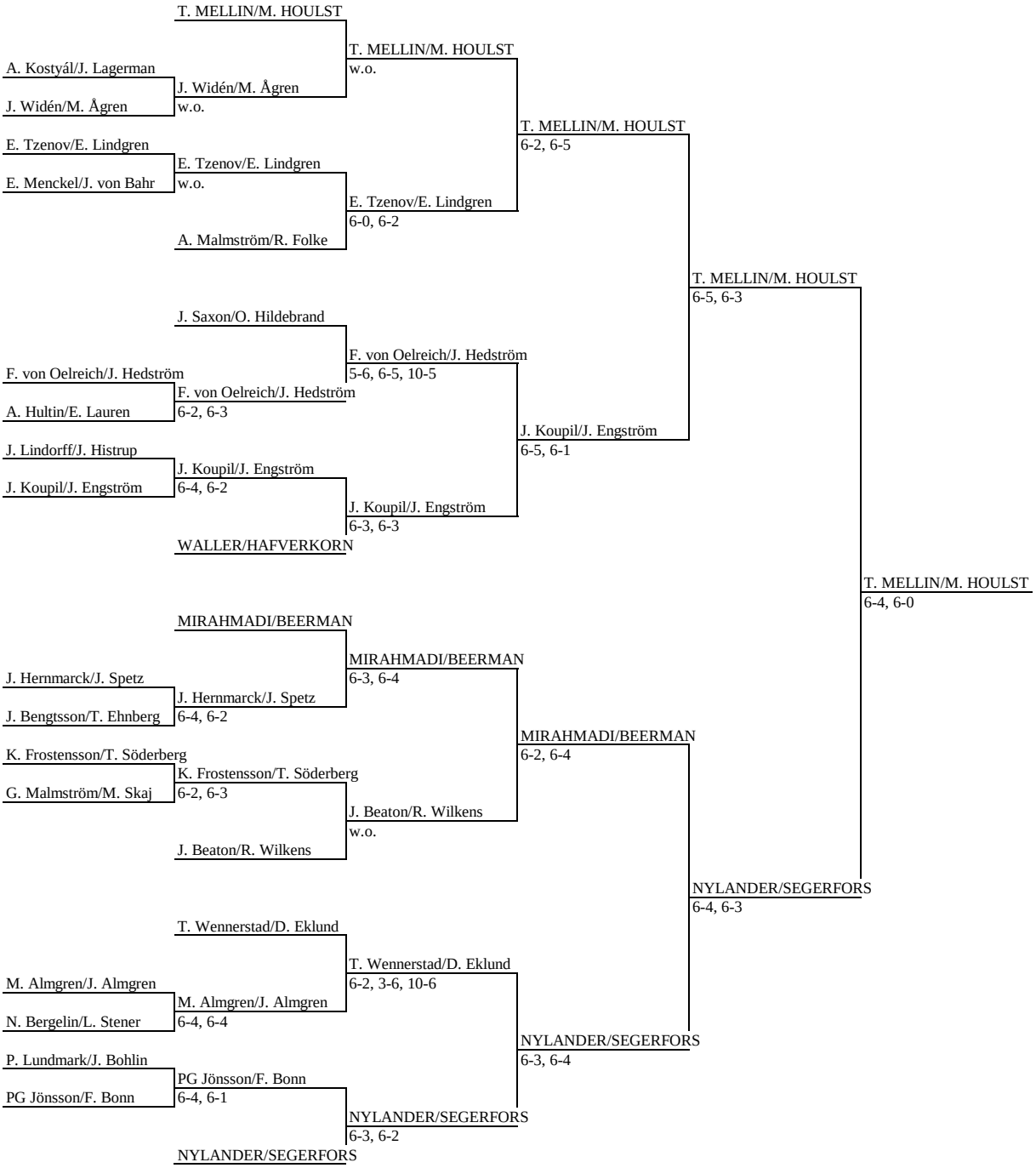Herrdubbel A